EpiPen®/EpiPen Jr. Directions:

1. Identify student by first and last name
2. Check written order and label on medication
3. Remove EpiPen from yellow container/package
4. Remove gray cap from EpiPen
5. Hold the unit in your fist
6. Place black tip against upper outer thigh at right angle to leg
7. Press tip hard into thigh until activation
8. Hold in place about 10 seconds
9. Pull needle straight out of injection site
10. Massage injection site

Additional tips about EpiPen:
- There is one dose in each EpiPen
- There are NO buttons to press, activation occurs by the pressure against the leg
- Do not store at extremes of temperature, do not refrigerate
- Do not confuse trainer (blue) with real device (yellow/white)
- Check expiration date, but an expired one is better than nothing
- Check window on device, fluid should be clear
- EpiPen trainers can “click” but real ones do not
- The device can go through clothing, but time usually permits clothing removal
- Arrows show direction of injection
- Take the EpiPen to the hospital for disposal, bend the needle back against a hard surface and carefully re-insert the fired unit, without replacing the safety cap—NEEDLE FIRST—into the amber carrying tube.

If insect sting, remove carefully by flicking, not squeezing (causes more venom to inject) and apply ice.