From the desk of:
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Date:  Spring
To:   Parents
Re:   Keeping sick children at home

As a parent, we know that it is sometimes hard to decide if your child is too sick to come to school. Some illnesses are very obvious and others may not seem that serious to you but could still cause problems at school. We would like to offer you a few guidelines to follow:

FEVER:  No child with a fever of 100$^\circ$ degrees or more should be sent to school. A fever is a symptom that something is not right with the body and should be considered with any other symptoms that may occur such as cough, sore throat, etc. If your child does have a fever of 100$^\circ$ degrees or more, do not send him/her back to school until he/she has been without a fever for 24 hours.

COLD/COUGH/SORE THROAT:  If your child has a stuffy nose or slight cough he/she may come to school. However, if your child has green or yellow nasal secretions or is accompanied by a fever do not send your child to school. If the cough is accompanied by a fever, your child needs to stay home. If your child’s throat is red, has white spots on it, or is accompanied by a fever, your child needs to stay home. Also, remind your child to wash his/her hands after coughing or blowing his/her nose, as this will stop the spread of germs to other people.

RASH:  A rash can be caused by many things including chicken pox, poison ivy, allergies or something more severe. It is important for you to have a rash examined by your doctor so that he/she can determine the cause and also determine if your child can be in school. Please do not send your child to school with a rash without a note from your doctor telling us that it is safe for your child to be in school.

DIARRHEA:  If your child is having loose bowel movements it is a good idea to call your doctor to determine the cause and treatment. Because diarrhea can have many causes, some of which make your child contagious to others, you must have your doctor send us a note to let us know if your child can be in school with this condition.

If you have any question or concerns, please feel free to call us at 503-785-8400.

Thank you.