Calling In Student Absence Due To Illness

It has been a long winter with lots of student illness, and in an effort to understand what is “going around” and to notify parents sooner if we see a communicable disease spreading in the schools, we would appreciate if you would let us know your child's illness symptoms when you call in an absence. The symptoms may be described as: “Stomach Flu”, “Common Cold”, or “Influenza.” You may also describe any specific symptoms. If your child has been to a doctor, please let the school know the diagnosis. You are not obligated to describe your child’s illness, and if you prefer not to, you may call in and say that your child is ill.

Also, Please review “Spring and Summer Safety Tips” from Doernbecher Children’s Safety Center

Thank you,
Linda Previs, OCSD District Nurse
Tina Moore, OCSD District Nurse

“Stomach Flu” (gastroenteritis or norovirus)

Typical Symptoms (there may be more):
- Nausea and vomiting
- Diarrhea
- Stomach Cramping

“Common Cold” (upper respiratory infection)

Typical Symptoms (there may be more):
- Sore or scratchy throat, sometimes cough
- Runny nose, stuffy nose
- Sneezing or nasal discharge
- Headache or earache

“Influenza” (Influenza symptoms)

Typical Symptoms (there may be more):
- Sudden onset of fever (typically high fever)
- Muscle aches and pains, headache
- Dry cough
- Fatigue